

# Signature Program Creation



*Module 2 -  
Welathy Mindset  
Sacral Chakra*

Video 1

Do you have an Employee Mindset or an Entrepreneur Mindset?



Robert Kiyosaki's CASHFLOW Quadrant

### CASHFLOW QUADRANT

4 WAYS TO PRODUCE INCOME  
LINEAR INCOME VS. LEVERAGED & RESIDUAL INCOME



Most of us are familiar with the upper left quadrant as we have been trained or conditioned to be employees. Being an employee or self-employed makes for about 95% of the population and it creates a huge dependency...Ourselves.

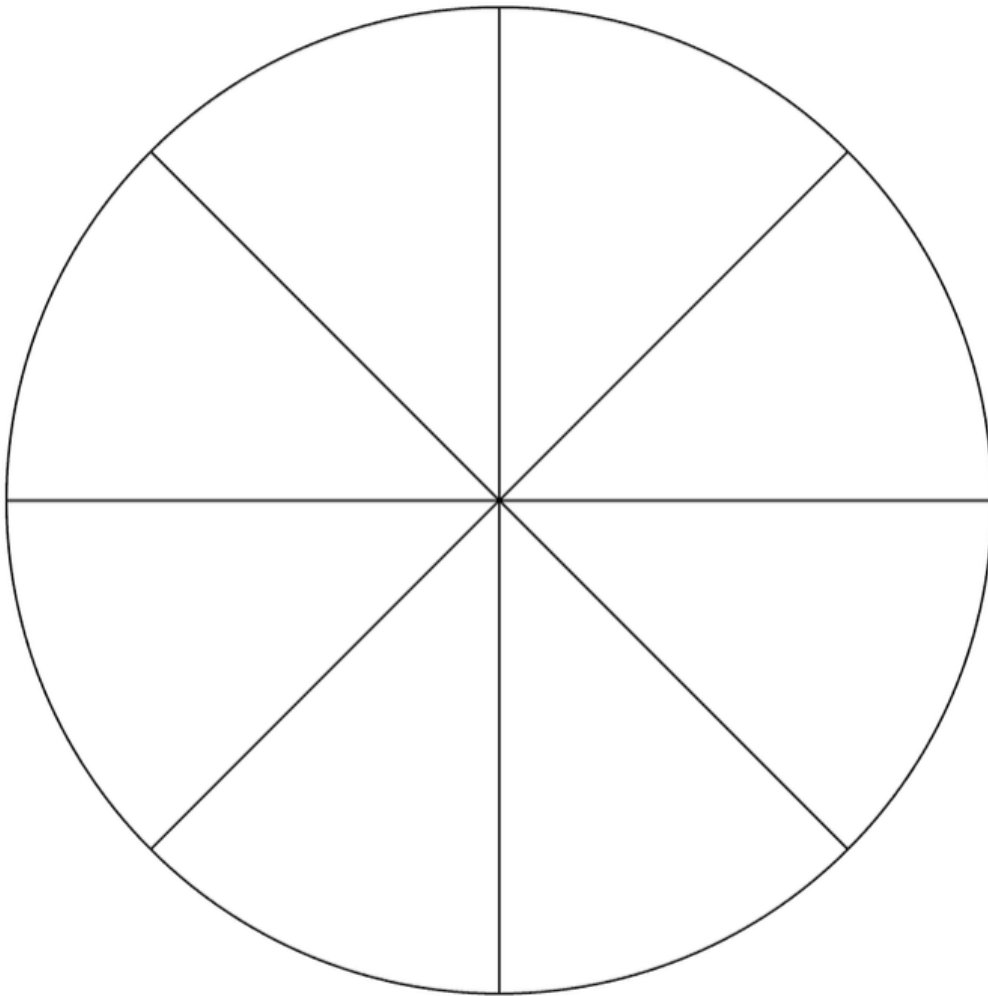
Notes:

## Wheel of Limiting Beliefs & Strengths (video 2)

- Foundation
- Wealthy Mindset
- Aligned Ideal client
- Soulful Community
- Communication / Belief
- Package of Genius
- Divinely Planned Launch
- Personal goals

1. Do you have any fears which hold you back? If so, what are they?
2. What positive mindset traits do you have? Write those down too, get clear on what they are.
3. When you're feeling the fears, doubts and worries, what usually helps you to move past them?
4. What mindset habits do you need to work on?
5. Who do you need to be, what mindset do you need to keep in order to succeed?
6. What habits and actions do you need to integrate into your life to help you?
7. What actions can you take right now to get started on conditioning yourself for success?
8. What does success mean to you?
9. How does a day / week / month in your life look like once you have achieved your monetary goal?
10. How are you behaving, walking, standing, talking once you are an expert in your field?

## Wheel of Limiting Beliefs & Strengths



## RELEASING DOUBT & SELF-WORTH ISSUES

Often as entrepreneurs we can have a lot of doubt and self-worth issues, but you just have to be yourself - your vibe attracts your tribe.

Take a minute to think about if you have any doubts or self-worth issues that hold you back and stop you from just being who you really are.

1. What opportunities have you passed up or missed out on because of these limiting beliefs?
2. How would your life be different if you were able to release these thoughts?
3. How determined and committed are you to re-frame those doubts and limiting beliefs?

**EXAMPLE BELIEF:** Who am I to be offering coaching / therapeutic services? I'm just starting out why would anyone buy from me when there are way more experienced coaches and therapists out there?

**REFRAMED:** I have an incredible wealth of knowledge around my services and being a new business gives me a fresh perspective that my clients will appreciate.

Sometimes this is not enough so I suggest you go deeper in cleansing your subconscious mind of any negativity by using these simple statements. Please use the same sequence as in the example below.

**I forgive myself** for believing that I'm not an experienced coach / therapist and people will not invest in me.

**I allow myself** to feel all the feelings of hurt, upset, doubt, fear and then let them go.

**I give myself permission** to believe in myself, in my skills and experience as a coach and go out there and confidently share with the world what I have to offer.

**I am grateful for** my services that they give me the chance to help so many people who need them and I help them with joy and excitement.

