



YOUR JOURNEY SO FAR!

1. EVERYTHING BEGINS AS A THOUGHT

2. LOA 101:

- Energy flows where focus goes
- The LOA just IS

3. YOUR POA (POINT OF ATTRACTION) is MULTI-FACETED AND IS THE COMBINATION OF:

Your general and specific BELIEFS

+

MOMENTUM

+

How you feel NOW

4. YOU HAVE A CORE SELF

- This aspect of you continues to BE and emanate well-being
- This aspect of you continues to guide you toward well-being & your desires
- This aspect of you is also a part of the mix of your POA – hooray!

5. CONTRAST IS YOUR FRIEND AND ALLY & IS HERE TO HELP YOU MOVE ONWARD, UPWARD AND FORWARD!

6. ALLOWING IS THE MAC DADDY/MOTHER SHIP = BEING IN A MODE OF READINESS AND RECEPTIVITY TO LET GOOD HAPPEN

7. YOU ALLOW BY FEELING GOOD NOW, BELIEVING IT CAN BE TRUE FOR YOU, OR...

...CULTIVATE A GOOD REP (REPEATING EMOTIONAL PATTERN) TO GET 2 FOR 2!

8. YOUR INNER COMPASS WILL ALWAYS GUIDE YOU TOWARD THE PATH OF LEAST RESISTANCE TO YOUR GREATEST FLOW

-If it feels light, it's just right!

-If it feels heavy, something isn't ready

9. WHEN IN DOUBT, JUST CHILL OUT!