



YOUR CORE FOCUS

YOUR CORE FOCUS: Summary and Bullet Points

1. Remember that there is no one perfect way to coach.

→ There is an ideal fit for every human being and your mission is to connect with those who are compatible with LOA/Allowing and YOUR unique style, vibe and flow

2. LOA/AYS coaching is unique in the sense that it provides “core” ideas, skills and tools designed to give your client a template for enjoying LIFE and allowing success on ANY subject.

3. LOA/AYS coaching focuses on helping your client cultivate a solution-oriented, success-focused mindset.

→ Though there IS value for people to know what they don't want or to address problems or issues first, you'll spend minimal time deep-diving into problems and more time aligning with solutions (what they DO want)!

4. Your mission is to always encourage your client's independence and tap into to her/his own guidance and power to tune in to her/his Inner Compass, to discover her/his path of least resistance, and to create her/his own tools.

5. Do your best to stay focused on your client's Core Self and shine a spotlight on her/his strengths, gifts, abilities and potential: Hold the high ground.

→ Be that lighthouse that guides them “home” to their Core Selves by reminding them of their beauty and brilliance. Shine a light on their potential and inspire them to move onward, upward!

6. You are a catalyst for success and happiness that will:

→ Help your client consistently recognize and focus upon the good that IS and SAVOR LIFE to the MAX

→ Help them focus ONWARD, UPWARD and FORWARD to the good s/he HAS created

→ Encourage and inspire your clients to BE who they were born to be, REALIZE their dreams, allow their success, and live life on FIRE!