



THE POWER OF OWNERSHIP:
INSIGHTS – SUMMARY AND BULLET POINTS

1. KNOW WHAT YOU CAN AND DO OWN

Own a good REP to attract and allow the best!

2. YOU ARE THE C.E.O. (CREATOR EXPERIENCER OPENER) OR NOT

To own a life filled with ever-increasing good, why not choose to live in the land of *victory* rather than *victimhood*

3. ENJOYING THE JOURNEY = ENJOYING THE DESTINATION

...Because the journey really *IS* the destination!

4. FEED YOUR BABY WITH THE GOOD STUFF!

Be a visionary by feeding your dreams with thoughts and stories about possibilities!

5. LET IT GO TO LET IT GROW

Move from micromanager to owner by giving your dreams room to BE.

THE POWER OF OWNERSHIP: TOOLS

TOOL #1: INTENTION ON FIRE!

→ Do this when you already feel fabulous or take the time to get into a solid, feel-good place first

1. Focus on what you want:

→ Start with a general intention (how you want to *feel*)

→ Get more specific only to the point that you still feel good

2. Choose the tone/stance that feels best to you and create a great one-liner:

→ "IT COULD BE SO NICE TO EXPERIENCE _____"

→ "I AM OPEN AND WILLING TO EXPERIENCE _____"

→ "THANK YOU FOR MY _____"

3. Ask yourself, "WHY DO I WANT THIS?" and make a list of your "whys"

4. Feed your baby by:

→ Only focusing on your intention when you already feel good

→ Spending time in environments & experiences that *feel* like your intention

→ Focusing on evidence, stories and thoughts that support the idea that your desire *IS* possible and can be true for *YOU*

→ Allowing time to be a visionary: See beyond what is to consider what could be

5. Let it go to let it grow!

TOOL #2: THE WHOLE PIE

Consider the big picture of what living life on fire truly looks and feels like to you!

→ Do this when you already feel fabulous or take the time to get into a solid, feel-good place first

1. Choose your position:

→ Owner in training:

“WHAT IF MY LIFE COULD LOOK AND FEEL LIKE THIS?”

OR

→ Full-blown owner:

“MY LIFE LOOKS AND FEELS LIKE THIS!”

2. Have FUN writing about/scripting, recording audio and/or collecting words and images that get to the heart of your ideal versions of any or all of the areas below.

- How do I feel emotionally day-to-day?
- What character traits do I possess and express with ease?
- How does my body look and feel?
- Where and how do I live?
- What do I do with my time and my life?
- What fun things do I get to enjoy?
- How do my relationships feel and what do I share with my:
 - Romantic partner/s?
 - Family?
 - Friends?
 - Partners in creativity and prosperity (co-workers/clients/team/etc.)

3. Feed your baby!

(See step 4 of “TOOL#1: INTENTION ON FIRE” above)

- Focus in on one aspect of your whole pie to create an “INTENTION ON FIRE!” (See TOOL#1 above)

4. Let it go and let it grow!

HERE'S A BULLET LIST OF THE POWER OF OWNERSHIP TOOLS:

TOOL #1: INTENTION ON FIRE!

TOOL #2: THE WHOLE PIE

→ Choose the one that feels best to you and do it now.